

8-28-2019

The BG News August 28, 2019

Bowling Green State University

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Recommended Citation

State University, Bowling Green, "The BG News August 28, 2019" (2019). *BG News (Student Newspaper)*. 9107.

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An independent student press serving
the campus and surrounding community,
ESTABLISHED 1920
Bowling Green State University
Wednesday, August 28, 2019
Volume 99, Issue 2

Ready, Set, **ROLL ALONG**

Falcon football to start season
under new coach | Page 14



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Page 4

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Is 'freshman 15' a myth?
Page 18

PHOTO BY DARRIN HARRIS

A guide to 2019-2020 BGSU governments

Hunter Huffman

Campus Editor

As a new semester begins, so do the various faculty- and student-led governments at BGSU, each presenting a place for students to stay informed while getting involved on campus.

Undergraduate Student Government

404 Bowen-Thompson Student Union

USG is a full government body operated by the university's undergraduate student leadership, representing various on- and off-campus groups as executives, senators and committee chairpersons.

According to the BGSU webpage, USG "aims to serve as a bridge between undergraduate students and various governing bodies of the university including administration, faculty, and graduate students as we advocate for the needs of our peers," while providing a support system to the university community.

USG has been involved in various campus-related events, including discussion surrounding the renaming of the Gish Theater earlier this year.



PHOTO BY BRIONNA SCEBBI

The Board of Trustees, Graduate Student Senate and Undergraduate Student Government meet in the Bowen-Thompson Student Union

Board of Trustees

220 McFall Center

The Board of Trustees is BGSU's most authoritative government, with various chairs, trustees, national trustees and President Rodney Rogers heading proceedings.

The Trustees discuss and make the final decision in various changes to the university, including finances, development, promotions and more. Recent changes approved by the Trustees include the removal

of the Gish name from the BGSU Film Theater, as well as the naming of the Bowen-Thompson Quadrangle.

The Trustees hold meetings on select Fridays at 1:30 p.m. in Room 308 of the BTSU.

Graduate Student Senate

120 McFall Center

Representing the graduate student body at the university, GSS is composed of a Senate Executive Committee and General Assembly.

As described by the BGSU website, "GSS works for a higher quality experience for graduate students at BGSU, striving for improvements in every area, from support for graduate assistants to social and cultural engagement."

The SEC and GA both hold separate meetings on various dates, with the former held from 3-5 p.m. in Room 115 of the Education building, and the latter held from 4-6 p.m. in pending locations.

While GA meetings are open to the public, those interested in attending an SEC assembly must inquire with President Robin Hershkowitz one week prior.

The body holds public assemblies Mondays at 7:30 p.m. in BTSU Room 308

Faculty Senate

118 Olscamp Hall

The Faculty Senate serves as a public forum for issues regarding the different colleges at BGSU, made up of representatives of each facility as well as retired staff.

The senate oversees several academic factors at the university, including its effectiveness and quality, as well as promoting "standards and procedures of accountability concerning professional faculty ethics and responsibilities," according to the BGSU webpage.

Meetings take place on Tuesdays from 2:30-4:30 p.m. in 101 Olscamp Hall, although this is subject to change.



USG is one of BGSU's government organizations.

PHOTO BY HUNTER HUFFMAN



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FREE RENT WINNER!

Guillermo (Will) Pacheco is the 2019-2020 **FREE RENT** Winner at Mecca Management, Inc.

This exciting event took place at the sold out BGSU Mens Basketball game against Toledo.

Will is a Junior at BGSU, with a major in Architecture. He is also involved with the American Institute of Architecture. This is Mecca's twelfth year, giving free rent for the school year, to one lucky person.

CONGRATULATIONS WILL.

Guillermo (Will) Pacheco, Jr., BGSU

CHECK US OUT ON FACEBOOK OR YOUTUBE

How to stay organized in college

Abby Shifley

Managing Editor

"[Lack of organization] affects a wide spectrum of not only cognition, but physiological and psychological aspects in students," Penny Soboleski of the BGSU Learning Commons said.

Soboleski is a learning specialist, which means she develops individual learning plans for students who have learning disabilities. She said a lack of organization can affect so many things, but typically affects time management and how students encode information.

"If we're disorganized and we don't have a plan, we might be able to memorize things, but we have a hard time recalling them because we don't remember where we put them in the brain," Soboleski said.

Sometimes, a lack of organization can even affect a student's grades, because they don't properly plan for assignments.

"Therefore, what they turn in or what they express, may not be an accurate reflection of what they actually know," Soboleski said.

At the Learning Commons, Soboleski said they have students who are feeling disorganized or overwhelmed working on developing four skills.

"Accept the failure but move on. It's not a place to stop and quit, it's definitely something we can remediate and work on."

— **Penny Soboleski** —
Learning Specialist

The first skill is to follow an "organizational system." The system can take a variety of forms, including a paper day-planner, a phone calendar or even the planner on Canvas.

"Regardless of what they do, we have them choose a tool that works for them," Soboleski said. "That tool needs to be broad enough to look at the entire month, and yet detailed enough to look at the entire day."

The second skill is to organize study materials (planner, textbooks, laptop, bottle of water, snacks, etc.) and take them to a "study spot." If that spot is inside a dorm room, then

the materials should be at the students' desk. If the student prefers to be mobile and has a variety of spots they like to study at, all the materials should be in their backpack.

"The third thing we try to help our students do is to develop a routine for returning everything to its place ... We really encourage them to get in the habit of the minute they get back to their dorm, they put it back where it belongs," Soboleski said.

The fourth step is for students to remember, "You can't beat yourself up," Soboleski said.

Negative self-talk is counterproductive but communicating with professors when mistakes happen and taking responsibility is the best way to improve and move forward.

"Accept the failure but move on," Soboleski said. "It's not a place to stop and quit. It's definitely something we can remediate and work on."

Another effect of disorganization are mental and physical health issues.

"It stands to reason that if disorganization leads to stressful life events, such as losing your keys or being late for appointments, it could certainly impact your mental health. And, if this happens repeatedly, mental health issues like anxiety or depressed mood could follow,"

"That tool needs to be broad enough to look at the entire month, and yet detailed enough to look at the entire day."

— **Penny Soboleski** —
Learning Specialist



PHOTO BY BRIONNA SCEBBI

The Learning Commons in Jerome Library is a place where BGSU students can get tutoring or academic coaching.

Dryw Dworsky, director of BGSU's Psychological Services Center, wrote in an email.

Soboleski said a lack of organization can affect students emotionally — a student might become stressed, overwhelmed, confused or blame themselves repeatedly.

These emotional responses caused by disorganization could lead to physiological reactions, such as lack of sleep, a rapid heart rate and even having no desire to exercise.

Students can find individualized help in various locations on campus, depending on the root of their disorganization.

"If a student's issues arise primarily in the academic realm, the Learning Commons on the first floor of the library may be of help," Dworsky wrote. "If the issues are broader or are causing a high level of distress, individual psychotherapy may be worthwhile. Free therapy services are available at the BGSU Counseling Center on campus."

Generally, people with moderate levels of stress can manage it with exercise, meditation, mindfulness practices or engagement in pleasurable activities.

"Utilizing social support can also be extremely helpful to reduce stress," Dworsky wrote.



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How to be a good roommate and/or survive a bad one

Andrew Bailey

Pulse Editor

The semester has begun, and with the beginning of every semester, roommates love each other, hate each other and everything in between.

Meeting roommates is one of the first experiences people have in college, and ensuring the relationship is stable is important to having a healthy and successful school year. As someone who has had three roommates in the dorms and four roommates in a house, I have lived with all sorts of people, good and bad.

Whether you want to be an enjoyable roommate to live with or learn to survive with one you don't get along with, here are some simple tips and ideas to help. ■

Keep your space clean.

Roommates who leave trash and dirty clothes everywhere can be aggravating, especially for people who like to see their floors.

This is why maintaining a standard of cleanliness in your space is important. Your space does not need to be spotless but simply as clean as you are comfortable living in.

Likewise, if your roommate's smelly socks

and half-eaten Panda Express starts to encroach upon your space, don't be afraid to ask them to clean up. Having a roommate means you share a living space with them, and if your roommate's lack of cleanliness bugs you, a simple conversation can solve it. ■

Hang out with them.

It's as easy as going to the Union to grab some lunch or playing ping-pong in a dorm's lounge. Your roommate is probably just as anxious as you about how their friendships will pan out over the school year, and establishing a bond with your roommate(s) soon after moving in is important. Living with someone you can have a conversation with is much more preferable than laying in bed on your phones in silence.

If you run out of ideas, the BGSU Events Calendar is full of fun games and campus-wide activities to attend. ■

Communicate with each other.

No matter how hard you try, you and your roommate(s) will disagree at some point. Having people over without prior notice,

staying up late and making noise, eating their food or drinking their drinks and simply just having a bad day are some of the many conflicts that can arise.

Sometimes these can be avoided by being open and honest with your roommate(s) about your plans for that day, if certain snacks are open for anyone and general boundaries. But, if you find yourself in the midst of an argument, openness and honesty are still useful in resolving disputes.

This is why communication is key to a healthy dorm life. For instance, if you eat your roommate's Cheetos without asking and they confront you about it, explain why you made that decision. Whether it be that you thought they wouldn't care, or you were just hungry, communication goes a long way. Lying about honest mistakes will eventually catch up to you and can even facilitate a relationship of lies between you and your roommate(s).

College can be rough, especially in the dorms. But, roommates can be fantastic people to fall back on and talk to about your day. You just have to form that bond first, and you could have a friend for life. ■

PEOPLE ON THE STREET

What do you plan to do for Labor Day weekend?



COLTON FLAHERTY
Senior | Biology

"Play basketball with friends and sleep in."



KATHLEEN MILCHEN
Senior | Marine and Aquatic Biology

"Continue to find a job on campus or in the city."



CLARE SUNDERMAN
Junior | Chemistry

"Sleep and get caught up on homework and prepare for the semester."



KAYLA GAY
Junior | Psychology, Sociology

"Hanging out with my boyfriend and his family in BG."

Retraction: HerChoice

With this published statement, The BG News and bgfalconmedia.com retracts an April 22, 2019 column written by Morgan Gale titled, 'Her Choice is not a health clinic.'

The headline and column were incorrect in stating that Bowling Green Pregnancy Center is not a health clinic. BGPC and Her Choice

is a federally certified health clinic, meets clinical standards, and is staffed by licensed physicians and nurses. Please refer to a June 24, 2019 statement from BGPC and Her Choice published by bgfalconmedia.com which rebuts the April 22 column and provides more complete details on the operation of the clinic.

The BG News and bgfalconmedia.com regrets the errors presented in the April 22 column and has removed the original column from its web site.

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Website: bgfalconmedia.com
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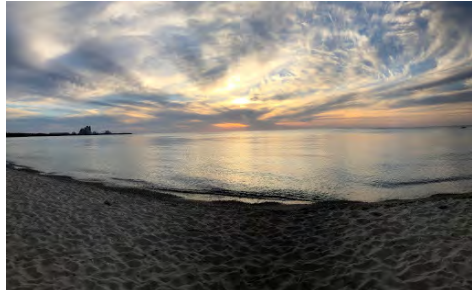
BRIAN GEYER, SOCIAL MEDIA EDITOR



Best places to explore in northern Michigan

Rosiland Fletcher

Copy Chief



Sunset in Charlevoix.

PHOTOS BY ROSILAND FLETCHER

As the summer of 2019 comes to a close and the new academic year begins, I am grateful to have a bit of time to reflect on the summer.

From my first column of the summer, I spoke about my move to Petoskey, Michigan, for two months on a Summer Leadership Project with Campus Outreach. Now that the two months are over, it's time to reflect and share the places I visited and explored.

There are many things I had the chance to experience this summer, but these are the few favorite places I had the chance to go to and recommend you visit if you get the chance. ■

Mackinac Island



Mackinac Bridge and Lake Erie from Mackinac Island

Mackinac Island was one of the best memories of the summer! The island is roughly a 45-minute drive from Petoskey and there's a short boat ride out to it. There are no cars on the island, and it's known for bikes and horse-drawn carriages being the sole means of transportation. There are different things to do around the island including dining, shopping,

biking and much more. The two things I can recommend are the Lucky Bean Coffeehouse and a bike ride around the island! For my coffee lovers, if you love finding new and local coffee shops (like I do), definitely check out this one. For the bike ride around the island, precisely 8.2 miles, I recommend renting a bike for a few hours and experiencing all the charming sights the island has to offer! ■

Coveyou Scenic Farm Market



Coveyou Scenic Farm Market Garden

Though this isn't much of a tourist sight, it was one place I loved visiting! If you are one for local farmer's markets, this is one of the places you can find locally grown fruits and goods from around northern Michigan. There was quite a bit to explore and a garden to walk through, alongside a patio you can sit out for a beautiful view of the river and hills! ■

North Perk Coffee and Roast 'N Toast

For the coffee, tea or food lovers, Petoskey, like any small town, has many local restaurants and cafes to explore. North Perk and Roast 'N Toast are the places I fell in love with this past summer and consistently went back to! If you like a semi-quiet coffee shop with a laid back atmosphere (similar to Flatlands Coffee), North Perk is your place. If you like the busy atmosphere with all types of people there (similar to Grounds for Thought), Roast 'N Toast is your place. Both places have select coffee and tea options, with North Perk only having coffee and tea options while Roast 'N Toast has a good selection of food and drinks. Nonetheless, take a stop at these places to get a decadent taste of Petoskey! ■

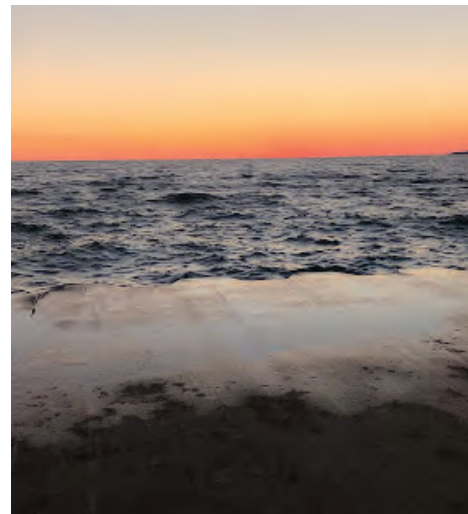
Sunset Park



Sunset in Charlevoix.

Though a small park by the harbor, there's a beautiful waterfall in the park. It's a sort of hidden gem, and it's nice to plan a picnic or simply sit by. I recommend to check it out if you like little scenic sites! ■

Petoskey Breakwall



Sunset from the Petoskey Breakwall.

A common tradition in Petoskey is to jump off the Breakwall. It gets its name from its breaking of the waves whenever there are large waves in the lake, preventing the waves from affecting the harbor. People love to jump into the water, which is at least 15 feet deep, and can be dangerous but nonetheless exhilarating. I jumped in a few times this summer and I can say it is quite an experience, both fun and a bit nerve-wracking. If you ever get the chance to go

to Petoskey, I definitely recommend to jump off, especially during a sunset. It is absolutely breathtaking to watch the sunset off the wall! ■

Charlevoix



Van Pelt Alley in Charlevoix.

Charlevoix, roughly a 25-minute drive from Petoskey, is similar to a small town, with a port, beach and small attractions like restaurants and shopping. As I explored Charlevoix, two things I loved to do was to watch the sunset at Charlevoix Beach Park or to walk and/or sit in Van Pelt Alley. I went to a few sunsets at the beach, and each one was beautiful and unique in its own way; I highly recommend going to see a sunset there. In Van Pelt Alley, there was one day I took a few hours to read, journal and write in the alley, just watching the world go by. It was a semi-quiet place, still with people going about, but it has a pleasant atmosphere when wanting to take a step away from the hustle n' bustle of life. There's also a flower shop, Bloom Floral Design, where you can get fresh flowers and other little goods, alongside other small shops and restaurants to check out! ■

Headlands International Dark Sky Park

The experience of the park was one of my favorites this summer! Around the same distance as Mackinac, the "dark park," as we called it for short, was a wonder. Though there was still a little light pollution from Mackinaw City nearby, there was still a chance to see the stars, planets, globular clusters, bits of the Milky Way and other fun astronomical features! As a huge astro-nerd, it was definitely one of my favorites as it's amazing to be able to see and experience the sight of the universe with the naked eye! ■

How to navigate BGSU

Hunter Huffman

Campus Editor

For those coming to campus for the first time, finding your way around might seem easier said than done.

A nearly 1,400-acre campus, sprawling with learning facilities, dining halls, recreational spaces, residence halls, athletic fields and more, BGSU can seem intimidating going class-to-class and beyond. While adjusting to the new environment, new students can become lost and late to classes as a result.

The following five sophomores, who experienced this predicament last year, offer their own words of advice to navigating campus.

Indy Cross

Medical laboratory science major

Cross recommended freshman seeking directions from peers if they are lost. She also suggested trying different modes of transportation to get around campus.

"Once you get the hang of walking, then use the shuttles," she said.

Kaitlyn Biada

Undecided major

Biada recommended memorizing the area around your residence hall and using the map on the BGSU app.

"Also, don't be afraid to stop and ask people for directions," she added.

Students should also pay attention to specific features of campus to memorize for future reference, Biada said.

"When it comes to actually navigating the land, spend time walking and observing. Look for special landmarks you can use, such as pieces of artwork, sculptures or interesting characteristics of buildings," she said. "Also keep a lookout for signs as they will state the name of the building, and talk to upperclassmen about location(s) or the terms for places (on) campus."

Biada found difficulty navigating her first-year residence hall, Kreischer Quadrangle, that has the highest occupancy of any on-campus housing, according to the Office of Residence Life. She utilizes locations around the hall as reference to where she is.

"The building is shaped like a spider with four wings and a total of eight branches," she said. "Batchelder and Compton are on the 'campus side' (whereas) Ashley and Darrow are on the 'field side'. Ash and Batch are connected together (whereas) Compton and Darrow are connected together. Ash and Batch are close to the Wolfe Center (whereas) Compton and Darrow are closer to the football stadium."

Andrew Lehman

Nursing major

Like Biada, Lehman suggested memorizing routes around campus.

"Remember the names of buildings you have to pass on your way to your destination," he said.

Emily Manner

Environmental science major

Manner recalled asking her Opening Weekend Group Leader to point out what buildings her classes were in during tours of campus.

"Then my roommate and I walked to each building from our dorm the weekend before classes. It was a lot of walking back and forth but it helped a ton," she said.

Caitlin McPherson

Media production major

McPherson found exploration essential to learning the layout of BGSU.

"When class is going on during the day, all the buildings are unlocked. Take a look around some," she said. "The science buildings often have cool stuff in the hallways."

To better navigate campus, she also suggested getting involved within the residence halls.

"If you live in the dorms, talk to people. Go to the events put on by hall council. Hang out in the lounge and see what happens," she said. "The people around you are your neighbors for the next nine months; get to know them."

Other navigational help

For additional assistance, students can use BGSU's interactive online map, which features information on campus facilities, categorized by type of service, as well as panoramas, construction zones and on-campus transit routes.

This map is accessible on the BGSU app available on the App Store and Google Play Store.

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Programs, parks offer outdoor activities during warm weather

Bryce McNally
Reporter

The Bowling Green area offers a variety of opportunities to enjoy the great outdoors while the weather is still warm.

From chances to make new friends to time spent with man's best friend, these events and activities are inexpensive ways to connect with nature before temperatures dip.

PHOTO PROVIDED BY WOOD COUNTY PARK DISTRICT



PHOTO PROVIDED BY WOOD COUNTY DOG PARK



BGSU Outdoor Program

Office location: Perry Field House, Room 104
Programs and events: BGSU Outdoor Program plans various trips of differing physical demand levels throughout the school year. These trips are open to both students and community members.

Program Leader David Linsky explained, "Stargazing and camping are what I'm most

PHOTO PROVIDED BY OUTDOOR PROGRAM



excited about. I went on the stargazing trip previously when we went up to Northern Michigan in Wilderness State Park. We got lucky and got to see the northern lights that year. This was previously a day trip, but now we've expanded it to a weekend trip for more daytime activities."

What is unique to the program?

Sophomore Ryan Foust described the atmosphere of the program as a fun way to experience the outdoors.

"It offers students and community members the chance to make new friends, stay active and change the pace of their everyday life."

Why should people get into nature?

"Spending your time outdoors, especially with other people, means that you are able to disconnect from everything that is around you. You have the chance to focus on the people that you are with and the experiences that you wouldn't normally have. You don't have to travel eight hours to do something cool; you can do something 30 minutes from home and still have a great natural experience," Program Leader Thomas Worsham said.

Cost: The cost for each trip varies based on the activities planned. The Outdoor Program offers group pricing, which makes the trips more affordable.

Get involved: To get involved, you can register for trips online or ask a trip leader at the front desk located at the climbing wall in the SRC.

Wood County Park District

Locations: 20 parks in Wood County, two of which are within two miles of campus:

- Slippery Elm Trail, 243 Sand Ridge Road - A 13-mile asphalt trail from Bowling Green to North Baltimore
- Black Swamp Preserve, 1014 Maple St. - A wildlife preserve with access to Slippery Elm Trail. Gardens, grass trails and nesting boxes can be found there.

Information:

Visit the Wood County Parks District website or download the app.

Programs and events:

Self-Care Saturdays, Beer and Trivia, Frog Monitoring, Archery and Bouldering are among various programs hosted at the Wood County Parks.

Outdoor activities continued on page 24

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Learn to swim with these ranked TOOL albums

Vaughn Cockayne

Web Editor

Creating a ranking list of TOOL albums is one of the most strange undertakings in music. Because a new album cycle, the first one in 13 years, clearly calls for some retrospection on the quality of their previous works.

However, as many music journalists have pointed out in their retrospections, TOOL has no bad releases. Each of their four albums, and one EP, are as close to perfect alternative metal albums as one band could get.

With songs ranging from juvenile to transcendental, TOOL are not only a very special band, they are one of the few bands to come out of the post-grunge era with a legitimate level of prestige. I have been a TOOL fan ever since early middle school, and they are one of the few bands that have gotten better as I've gotten older.

And with their recent release on streaming platforms and the unveiling of their new album on Aug. 30, I can only hope a newer generation can see what I see. So come ride the spiral to the end and learn to swim with the best the band has to offer.

“Each of their four albums, and one EP, are as close to perfect alternative metal albums as one band could get.”

— Vaughn Cockayne —

Web Editor

4. ‘Undertow’ (1993)

TOOL's debut record is not where most people start in the discography. Personally, I think the reason for that is this album was when the band was still very much connected to the alternative metal scene of the early '90s. The contributions of people like Henry Rollins, of Black Flag and Rollins band, are just one example of the influence the scene had on this album. That being said, this is not a copycat album. There is

originality all over it, the length of the songs being one original aspect. This album is for those looking for a very straightforward rock album with little in the way of frills and is more groovy, dark and hard than most released the same year. However, it would not be until the sophomore album that TOOL came into what would make them legends.

Favorite tracks: “Prison Sex,” “Bottom,” “40”

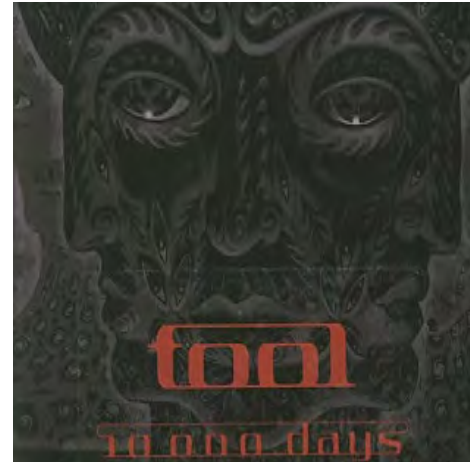


VIA WIKICOMMONS

3. ‘10,000 Days’ (2006)

I have a lot more respect and admiration for this album than I think even most TOOL fans. TOOL's last full length album is a deeply personal record that deals directly in the death and suffering of lead singer Maynard James Kennan's mother, the passive enjoyment of real life violence, hypocrisy in the church and religion, among other things. Despite the dark theme, some of the band's most catchy songs and most daring vocals land on this album, The one-two punch of “Vicarious” and “Jambi” at the start of the album are enough to get anyone to jump in the pit. However, the album is still very personal and slows down quite a bit. All of TOOL's releases are over an hour long, but “10,000 Days” is the one that feels the lengthiest. The only thing separating this album from the top two is the lack of balance that seemed very much present on the next two albums. I am also a giant Alex Grey fan, which may explain why I adore this album.

Favorite tracks: “Vicarious,” “Wings for Marie,” “Right in Two”

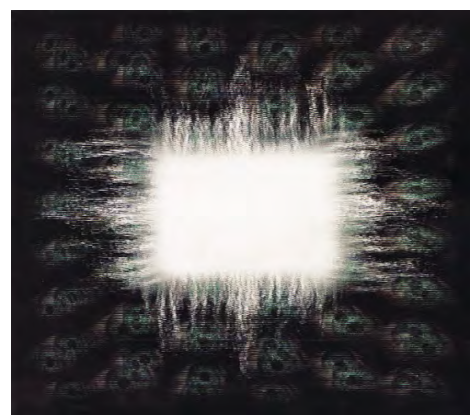


VIA WIKICOMMONS

2. ‘Ænima’ (1996)

Like choosing between two of my children, TOOL's 1996 sophomore record Ænima grabs this spot. The critical turning point in the band's career, this time around they have kept part of their grunge influenced sound but also picked up much more interesting takes on songwriting and have incorporated more experimental structure. The lyrics range from very direct and literal to almost impossible to get a reading on and are some of the bands most iconic. Songs like “Stinkfist” and the title track are impossible to get out of the head of any TOOL fan. This album is also when the guitar tone becomes much more in line with something the band would be identified with. A kind of dark and wobbly tone that is almost gothic psychedelic. It is the band's most consistent album and is basically perfect as metal albums go. And as much as I adore this record, there's obviously one better. Just by a hair, though.

Favorite tracks: Literally the entire album



VIA WIKICOMMONS

1. ‘Lateralus’ (2001)

“Lateralus” is the obvious pick, but I really couldn't bring myself to pick any other. There's no other album in TOOL's discography that encapsulates their sound better than their third album. Dealing directly with transcending human thought and going beyond, “Lateralus” sounded nothing like any other metal album at the time. Beautifully blending progressive rock, metal, ambient and psychedelic rock, “Lateralus” is what makes TOOL who they are. It is the only record in their discography that has a cohesive vision through its hour-and-16-minute run time. While the others have very much concrete feelings, there is still one or two songs that break the mold. “Lateralus” is a deliberate psychedelic ride through the human psyche. Ride the spiral to the end, everyone.

Favorite tracks: “Lateralus,” “Disposition,” “Ticks and Leeches,” “Schism,” “Parabol/Parabola,” “The Grudge”



VIA WIKICOMMONS



Twitter: @vcockayvcockay
Email: vcockay@bgsu.edu

Katy Perry accused of alleged sexual misconduct

Brian Geyer

Social Media Editor

On Aug. 13, Josh Kloss, a co-star in Katy Perry's "Teenage Dream," accused Perry of "sexual misconduct" during a birthday party following the release of the music video in 2010.

Perry allegedly exposed Kloss at the party in front of a crowd of people. The incident followed Perry's divorce with Russell Brand.

The incident is not the first accusation of misconduct against Perry. During Perry's tenure as a judge on "American Idol," Perry kissed a contestant without his consent. The contestant reportedly wanted to wait until being in a committed relationship before kissing someone.

The #MeToo movement thus far has mainly consisted of women accusing men of various types of sexual misconduct. Most of the time these women felt they were not in a position of power to confront their supervisor, coworker or friend for fear of losing their job. Because of the strength of the movement, many individuals now feel they can come into the public eye against the accused individual.

"Every man who has experienced sexual assault or abuse deserves access to a judgement-free space where he can heal on his own terms and without shame."

– MaleSurvivor.org –

The accusation of Perry from Kloss is different from the majority of #MeToo accusations simply because Kloss is a man. Kloss has expressed because he is a man, he is not getting the same attention as if he would if he was a woman. If the #MeToo movement is able to stop a man's career, Kloss believe the opposite should be true of women.

"Can you imagine how pathetic and embarrassed I felt?" Kloss said.

Perry has not commented on the accusation. However, some of Perry's friends and supporters have said that Kloss' accusation is a ploy for gaining publicity.

Male survivors are often reluctant to come out against their abuser because of the movement's focus on female survivors. These men are often supportive of their

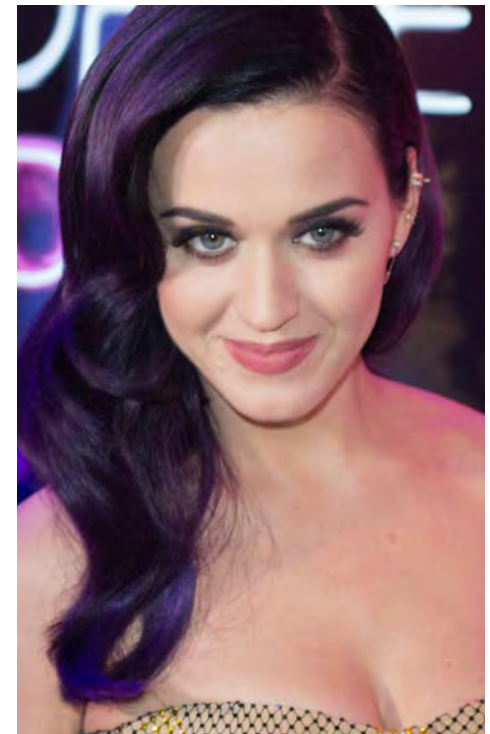
female counterparts but feel left out of the movement's central message.

Organizations like MaleSurvivor combat the stigma against male survivors by providing resources in empowering men.

MaleSurvivor's mission statement says, "Every man who has experienced sexual assault or abuse deserves access to a judgement-free space where he can heal on his own terms and without shame."

Could the accusation change the course of the #MeToo movement? Is it possible that more men will come out with stories of sexual misconduct? Only time will tell.

Whether Kloss' statement against Perry holds up, organizations like MaleSurvivor plan to fight social stigmas against male sexual assault survivors.



VIA WIKIMEDIA COMMONS

Learn your way around campus by engaging in this social media challenge

Falcon Media Staff

Get to know campus! Take a selfie at each of these spots, post it on social media and tag @BGFalconMedia by Sept. 1 at 11:59 p.m. to win a prize.

Check off five to win a social media shoutout. Check off 10 to win a shirt.

The Falcon Media selfie challenge checklist

- ☐ Take a selfie with the University Seal.
- ☐ Take a selfie at the women's soccer game on Sept. 30 at 7 p.m.
- ☐ Take a selfie at the BGSU Planetarium.
- ☐ Take a selfie with the "Metamorphosis" rock near the Wolfe Center.
- ☐ Take a selfie with the "Thinker" statue outside Olscamp Hall.
- ☐ Take a selfie at the Administration Building fountain.
- ☐ Take a selfie at the football game on Aug. 29 at 7 p.m.
- ☐ Take a photo on the top residence floor of Offenhauer Towers.
- ☐ Take a photo of the falcon statue at the Stroh Center.
- ☐ Take a selfie at the Student Rec Center.



PHOTO BY REGHAN WINKLER

FALCON'S POINTE

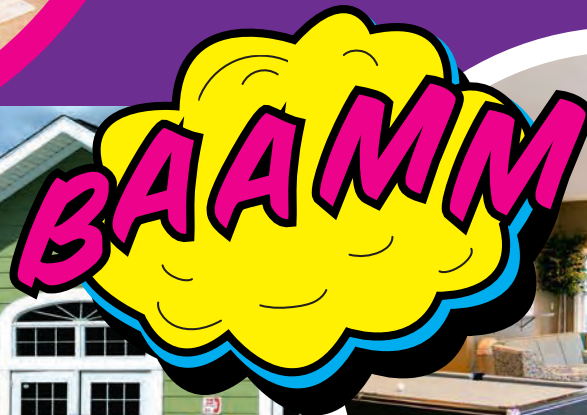


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St. Thomas More University Parish

Whether you are looking for a place of prayer and worship, a faith-filled community, or a relaxing getaway from studies at BGSU, St. Thomas More University Parish is here for you.

Located across from McDonald Hall at 425 Thurstin Avenue, St. Tom's is easily within walking distance from the university. "Our desire is to share our love for God and God's love for us within the University community while exploring what it means to be Catholic," says Fr. Jason Kahle. "We are a welcoming community for all people."

We offer ample gathering areas including Fireside Lounge, Anitoch Library, Seton Hall Gymnasium, various meeting rooms, and a parish courtyard. Students are free to use these spaces.

There is also a Newman Housing Community, where students can live with peers desiring to grow deeper in faith together. All rooms are furnished with two beds, desks, chairs, and closets. Rent includes Wifi, utilities, and parking. We were also blessed with the donation of a laundry facility this past year. Applications will be available to live in the community toward the end of the 2018 year.

For students looking to get involved, St. Thomas More sponsors the Catholic Falcon Community, a Catholic Christian student group on campus. They meet Thursdays at 7:30pm in the Bowen-Thompson Student Union Room 201 for fellowship, fun, service, prayer, and group discussions. Topics vary each week, and are designed to engage students, empower leaders, and allow them to fully explore the faith.

St. Tom's and the Diocese of Toledo has partnered with FOCUS to offer weekly Bible Studies for anyone wanting to go deeper in their faith. You don't have to be a Catholic or even Christian; you just need to be open to exploring how Jesus invites us all into a personal relationship.

We also offer opportunities for service events throughout the year. One major way is through our Alternative Spring Break trip during BGSU's Spring Break. Students can also serve those in need through the St. Vincent de Paul Food Pantry on Tuesdays and Thursdays, or during the local service events on Saturdays through the Catholic Falcon Community.

On behalf of Fr. Jason, the St. Tom's staff, and parishioners we welcome all new and returning students, parents, alumni, and friends into their family of faith. Through the Sacraments, service opportunities, weekly formation events, Koinonia retreat (November 2-4), the Newman Housing faith-based living community, and social gatherings, many opportunities are offered to experience God anew!

FOR MORE INFORMATION check us out on social media. Visit our website (sttoms.com), like us on Facebook (facebook.com/bgsucatholic), follow us on Instagram (@sttoms_bgsu), or text STTOMS to 84576 to receive text updates for our ministries and events.



“Our desire is to share our love for God and God's love for us within the University community while exploring what it means to be Catholic,” says Fr. Jason Kahle. “We are a welcoming community for all people.”

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Wednesday, Friday: 12:30 p.m.

WEEKEND MASS:

Saturday: 5:00 p.m.
Sunday: 10:00 a.m.
5:00 p.m., 9:00 p.m.

RECONCILIATION:

Tuesday, Thursday: 4:30 p.m.
Wednesday, Friday: 1:00 p.m.
Saturday: 4:00 p.m.

EUCCHARISTIC ADORATION:

Wednesdays 8:00am-Midnight

Falcon football ready to start rebuilding

Chase Bachman

Reporter

The college football season is upon us. Saturday's showdown between Miami and Florida was just an appetizer to this weekend's full plate of gridiron action. For fans of BGSU, the wait will be even shorter, as the Falcons face off against the Morgan State Bears Thursday night at 7 p.m.

The first game will give fans and community members a chance to see what first-year head coach Scot Loeffler can do with a team that went 3-9 last year under Mike Jinks.

The quarterback

Loeffler brings one of the more experienced coaching staffs to Bowling Green, as well as two transfer quarterbacks from Boston College — Darius Wade and Matt McDonald. The starter is still a mystery, as most believe it will be the graduate transfer Wade. Having started in Loeffler's system at Boston College gives him a huge advantage. Regardless, Loeffler and his staff have remained tight-lipped on the subject. When asked about naming a starter, Loeffler indicated the public won't know until game time Thursday. "We've got an idea," Loeffler said in a press conference Monday. "It doesn't

give us any advantage to mention a starting quarterback right now."

The schedule

Bowling Green has what looks to be an easy win over Morgan State. The Falcons enter the season opener as more than 21-point favorites over the Bears. From there, things get daunting. The Falcons' remaining non-conference includes trips to Kansas State Sept. 7 and Notre Dame Oct. 5 and playing host to Louisiana Tech. They will be heavy underdogs in all those matches.

The MAC season kicks off when the Falcons travel to Kent State Sept. 21. That contest is winnable. The next conference match is the Falcons' rivalry game against the Toledo Rockets, winners of the last 9. On Oct. 19 the Falcons host Central Michigan, another winnable match.

Next, they travel to Kalamazoo to face a tough Western Michigan team. They return home to host Akron on Nov. 2. The final month of the regular season will be a grind. The Falcons travel to Miami and host Ohio in two mid-week games set to be televised on ESPN2. The team's final game will be a road trip to Buffalo on Nov. 19.

The verdict

The Falcons may be just a year out from really competing with the rest of the conference. The Falcons play a brutal non-conference, which could either give the staff hope or strip the team of its confidence, depending on how well they play. The new offensive system has a chance to sneak up on some conference opponents early, giving BGSU a chance to end its long rivalry drought against Toledo.

The Falcons may surprise some people and finish above its media-projected last place finish in the MAC East Division. This is the same media that voted the Falcons men's basketball team to finish last before the team promptly won 12 conference games and lost in the conference championship to Buffalo, last year so nothing's set in stone.

Look for the Falcons to be much more creative and easier to watch on offense. They'll play a more satisfying brand of football that has a chance to win more than three games, but next year may be the year Loeffler's Falcons finally pop.

Prediction: 4-8



PHOTO BY KEVIN MENSAH

The BGSU football team has its first home game Thursday at 7 p.m. against the Morgan State Bears.

Football vs. Morgan State

Maxwell Marko | Falcon Media Sports Director

Date: Thursday, Aug. 29

Time: 7 p.m.

Location: Doyt Perry Stadium

About Morgan State:

The Morgan State Bears are a Division I FCS program entering their first season under head coach Tyrone Wheatley. The Bears last played BGSU on Sept. 10, 2011, in a 58-13 defeat, when the Falcons rushed for 268 yards and passed for 572 yards. Wheatley, a University of Michigan graduate, was teammates of current BGSU head coach and UM alumnus Scot Loeffler.

Statistically speaking:

The Falcons and Bears both carried inconsistent offensive totals throughout the previous year. BGSU's 116.6 rushing yards per game were among the worst in the country, but their passing averages (238.7 ypg) ranked second in the Mid-American Conference.

Morgan State finished this past season at the bottom of the FCS division for rushing (164.7 ypg) and passing (149.6 ypg) but held their own on defense when facing either the pass or run. The Bears stood in the top 50 for passing yards allowed per game (208.3) and rushing yards allowed per game (153.9).

Schedule

Aug. 29 7 p.m.
Doyt Perry Stadium
Bowling Green, OH

vs. Morgan State

Sept. 7, 12 p.m.
Bill Snyder Family Stadium
Manhattan, Kan.

vs. Kansas

Sept. 14, 5 p.m.
Doyt Perry Stadium
Bowling Green, Ohio

vs. Louisiana Tech

Sept. 21, 3:30 p.m.
Dix Stadium
Kent, Ohio

vs. Kent State

Oct. 5, 3:30 p.m.
Notre Dame Stadium
South Bend, Ind.

vs. Notre Dame

Oct. 12, TBA
Doyt Perry Stadium
Bowling Green, Ohio

vs. Toledo

Oct. 19, TBA
Doyt Perry Stadium
Bowling Green, Ohio

vs. Central Michigan

Oct. 26, 12 p.m.
Waldo Stadium
Kalamazoo, Mich.

vs. Western Michigan

Nov. 2, TBA
Doyt Perry Stadium
Bowling Green, Ohio

vs. Akron

Nov. 13, 8 p.m.
Yager Stadium
Oxford, Ohio

at Miami

Nov. 19, 7:30 p.m.
Doyt Perry Stadium
Bowling Green, Ohio

vs. Ohio

Nov. 29, TBA
UB Stadium
Amherst, N.Y.
at Buffalo

Transfer portal brings changes to football roster

Shayne Nissen

Sports Reporter

In an offseason with plenty of transactions going through the transfer portal for the Bowling Green football program, the Falcons have had to do a lot of shifting around on their roster. Now, less than a week away from their first game against Morgan State, the Falcons hope to have details in order.

The transfer portal has been around for a long time, but it has gone through some recent changes. In October of 2018, according to al.com, the NCAA ruled players do not have to gain permission from their head coach to transfer, replacing the previous rule where coaches could block players from transferring. Now once players tell their team they want to transfer, the team has two days to put the player's name in the transfer portal where they are allowed to be recruited by other schools.

Also in 2018, the NCAA approved the new rule that players could file a waiver to be allowed to play immediately for their new school. Transfers used to have to sit out a full academic year before playing in games for a school. Now if a player feels they are at a disadvantage at a certain school due to a coaching change, playing time or getting mistreated in some way, they can file the immediate eligibility waiver.

Now if a player feels they are at a disadvantage at a certain school due to a coaching change, playing time or getting mistreated in some way, they can file the immediate eligibility waiver.

Shayne Nissen

Sports Reporter

According to apnews.com, the first use of this rule was by Shea Patterson who claimed the University of Mississippi's coaching change should allow him to play right away at the University of Michigan. He was granted permission to play at Michigan right away and other high profile players such as Justin Fields and Jalen Hurts have used the same rule to be granted immediate eligibility.

Of course, it's not just the big schools getting this advantage. Bowling Green has seen transfers in this offseason be granted

immediate eligibility. The first in January when tight end Austin Dorris transferred from Indiana to Bowling Green.

On the contrary, teams may be hurt by the rule. Former Falcons starting quarterback Jarrett Doege transferred to West Virginia using the immediate eligibility waiver claiming a coaching change. Doege threw for 4,041 yards and 39 touchdowns in two years with the Falcons. Doege was followed by fellow quarterback Bryce Veasley who also put his name in the transfer portal.

In what was a relief for some, the Falcons were able to get transfer quarterbacks Darius Wade and Matthew McDonald from Boston College, both following their former offensive coordinator at Boston College, Scot Loeffler, over to BGSU. This equaled the Falcons losses and gave them more depth at the quarterback position.

Darius Wade came as a graduate transfer, meaning Wade has already graduated but hasn't played four years of college football, therefore he can play right away. Wade came to the Falcons while working at Home Depot thinking his college career was over. But a call from Loeffler changed that, and Wade is taking a majority of the first-team reps in practice, leading many to make the assumption he will be the starter on Thursday.

McDonald, on the other hand, doesn't have that luxury and will need a waiver which is still currently pending with the NCAA.

Bowling Green also ran into problems at running back in the off-season as well, with Ra'veion Hargrove putting his name into the transfer portal. The Falcons though, were able to get another graduate transfer from Boston College in Davon Smith to fill the void.

On the defensive side, Kyle Junior and Joshua Croslen were defensive linemen who entered the transfer portal. Junior landed at Oklahoma State and was able to play immediately thanks to the coaching change. The Falcons have not replaced those two losses, but unlike the quarterback position where the Falcons had no 2019 recruits, there should be some freshman to give that position group some depth in the upcoming season.

Some would say the transfer portal was busy all over college football this off-season, and schools, Bowling Green included, scrambled to find replacements for the missing voids. Only time will tell if those additions will pay off for the team in 2019.

In what was a relief for some, the Falcons were able to get transfer quarterbacks Darius Wade and Matthew McDonald from Boston College, both following their former offensive coordinator at Boston College, Scot Loeffler, over to BGSU.

Shayne Nissen

Sports Reporter



Only time will tell if additions to the BGSU football team will pay off.

PHOTO BY IAN CAMPBELL

Fannon's extension contains considerable raise

Chase Bachman

Sports Reporter

BGSU's Matt Fannon will be one of the best-paid women's soccer coaches in the MAC.

The contract extension, obtained through a public records requested by BG Falcon Media, shows Fannon will receive a base pay of \$75,000 per year through 2022.

Fannon's new salary is a 20% increase from his last contract, where his base pay was listed at \$62,424 per year.

Fannon's contract will also include a bonus structure. Fannon will receive \$500 for being selected as MAC Coach of the Year, \$500 for each team member awarded a MAC Player of the Year award, \$1,000 if the team wins the MAC regular season title and \$1,500 if the team qualifies for the NCAA tournament. Fannon and his team would have qualified for all of these bonuses last year.

Fannon's previous contracts included similar bonus structures. The player award bonus amounts have doubled. His extension, however, includes new clauses regarding the NCAA tournament.

If Fannon's team appears in the NCAA Final Four, he will receive \$2,500. For appearing in the NCAA championship, he receives \$3,000, and for winning the championship, he receives \$5,000.

Fannon will also receive \$1,000 for being selected as Regional Coach of the Year, and \$2,500 for being selected as National Coach of the Year, something he did not have in his previous contract.

There is also an academic-based bonus in the contract. Fannon receives \$500 if the team attains a cumulative GPA of 3.0 or higher with a single-year APR score of 985 or higher.

The amount of bonuses totals \$18,500.

Also included in the contract are the terms of a buyout. If BGSU terminates Fannon's contract without cause, they would pay him one year's base pay or 75% of his remaining contract, depending on which is greater.

However, if Fannon terminates his contract anytime from now until Dec. 15, he would pay the university \$50,000. That total drops to \$25,000 if terminated between Dec. 16, 2019 and Dec. 15, 2020. That total drops again to \$15,000 if terminated between Dec. 16, 2020 and Dec. 15, 2021.

Fannon would owe BGSU nothing if he terminates the contract between Dec. 16, 2021 and Dec. 15, 2022, the last year of his deal.

Fannon leaving early to take a coaching job at a bigger program would not be a surprise, given his success the last two seasons.

The Falcons have posted an overall record



Fannon's new salary is a 20% increase from his last contract, where his base pay was listed at \$62,424 per year.

PHOTO BY KEVIN MENSAH

of 27-12-4, a conference mark of 16-5-1.

The university clearly has plenty of faith in Fannon and his ability to win, which is evidenced by the new NCAA bonus clauses. The team appeared in the NCAA tournament last year, where they lost in the first round to Penn State 4-1.

Erica Hubert tries to outrun a Penn State defender during the first round of the NCAA tournament in November 2018.

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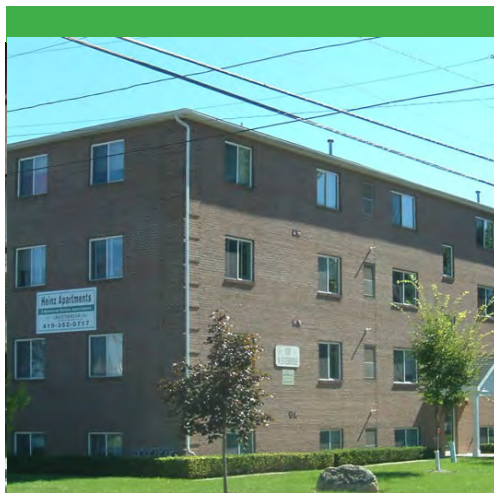
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How to stay fit in college

Brionna Scebbi

Editor-in-Chief

From former high school athletes searching for a new routine as college freshmen to graduate students struggling to find time in their busy schedules, several factors can affect different students' fitness.

Many incoming freshmen are conscious of the "freshman 15," a term for the weight students supposedly gain in their first year of college. Research shows this specific amount of weight gain for this particular age group is more a myth than anything.

A 2012 study on the trends of weight in college students showed only 12% of students gained 15 pounds or more during their first three semesters. The average weight gain was closer to three pounds.

Students don't just gain weight because they're in college.

"College freshmen are only gaining about a 1/2 pound more than similar people who did not go to school," Reuters reporter Kim Palmer wrote.

Regardless of the freshman 15's validity,

new college students do face factors that can lead to weight gain such as stress and different routines than they might be used to.

"According to Penn State nutrition instructor, Dr. Alison Borkowska, overwhelming schedules can be a major reason for students' bad eating habits. 'They're encountering levels of stress and scheduling that they've never experienced before,' she said. 'They've never had this many things to be responsible for, including putting food in their mouths,'" a 2014 HuffPost article reported.

With obstacles in the way of first-year students' fitness, finding a fun way to work out is key, Student Recreation Center fitness trainer Joe Black said.

"The best tip I have for students is to find something they really enjoy. That's the easiest way to stay fit at school."

Black recommended using resources at BGSU such as intramural or club sports teams or Group X classes at the SRC. Students can also incorporate new friends into their fitness routine.

"It also helps to exercise with a friend, so

you can keep each other accountable and stay consistent," he said.

Amanda Bireline, a writer for the National Institute of Fitness and Sports blog, also recommends working out with a friend. Other tips Bireline has for staying fit in college is to schedule a workout, even if it's just for 30 minutes, or use exercise as a study break between subjects.

Another aspect of fitness besides physical activity is food.

Bireline recommends avoiding the typical busy college student "grab and go." If students must make quick decisions about food between classes, they should try to go for healthy snacks, she said. Examples are apples, celery sticks with peanut butter, bananas and baby carrots.

Twitter: @bri_scebbi

Email: bscebbi@bgsu.edu



PHOTO BY BRIONNA SCEBBI

Group X classes, like Pound, are available for students at the SRC.

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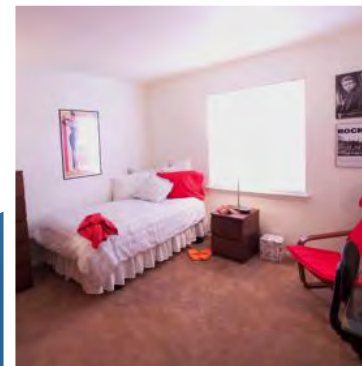
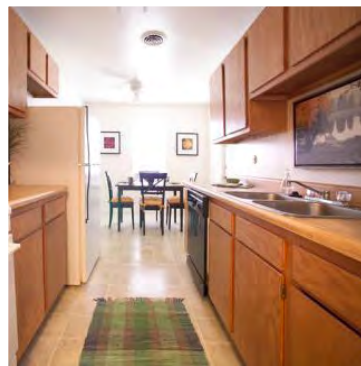
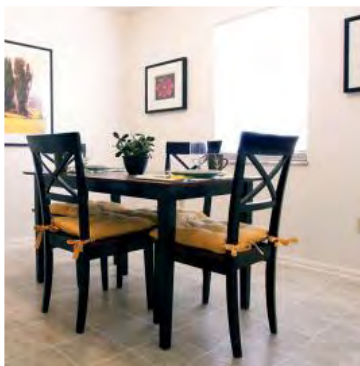


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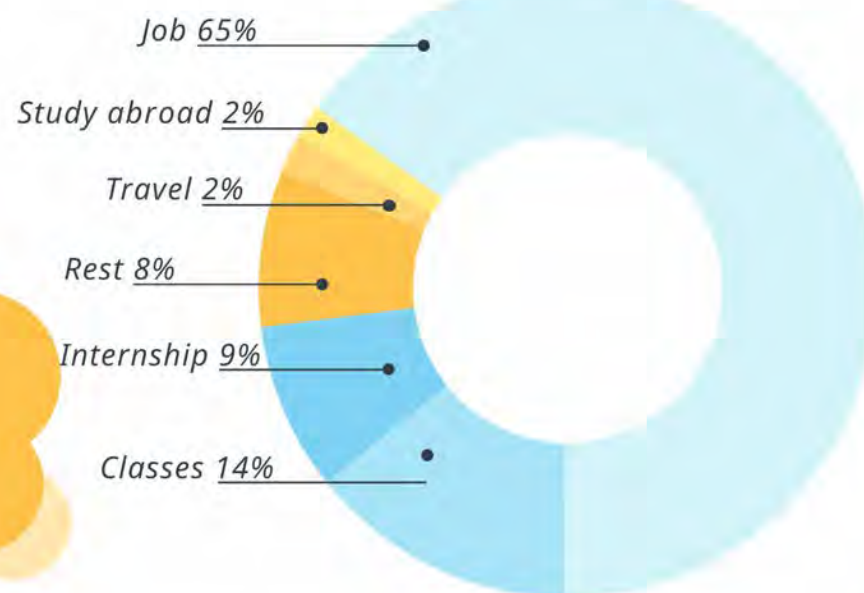
STUDENTS IN THE SUMMER

How BGSU students spend breaks ranges from work to rest

Here's how they compare to college students across the U.S.

SUMMER FOR BGSU STUDENTS

BGSU Class of 2020, 2021 and 2022 students were asked via Facebook poll how they would prefer to spend their summer breaks: taking classes, interning, working or studying abroad. There were 1,103 responses. Several students added "Resting" or "Relaxing" and "Traveling" to the poll.



Students in the summer continued on page 22

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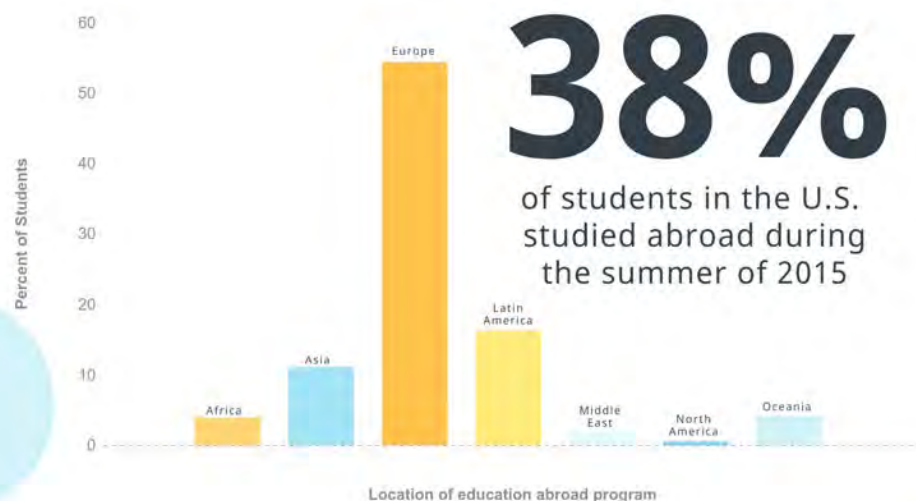
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Students in the summer continued from page 20

SUMMER ACROSS THE U.S.



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56%

of 2016 graduates in the U.S. had at least one college internship

A paid internship with a for-profit employer boosted a graduate's chances of getting a job offer.

National Association of Colleges & Employers

GRAPHICS BY BRIONNA SCEBBI



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Outdoor activities continued from page 8

What is unique to the parks?

"There is something here for everybody. We have a great volunteer program for those looking to build their resume this summer. We also host more competitive activities like Bouldering, Archery and Paddle Sports. And for those just looking to relax, the parks are a great stress reliever," Jim Witter, Wood County Parks program coordinator, said.

Why should people get into nature?

"In life, we are so focused in on work, school and everyday life that we don't always get the chance to explore and enjoy the wilderness that surrounds us. We don't have to vacation to a National Park to experience everything nature has to offer, and getting into our local parks is a gateway to staying healthy, building a relationship with the community and possibly branching into career building," Witter said.

Cost:

Most programs are free, but some require a registration fee of \$10-\$20.

Get involved: Visit the park, sign up for a new program or become a volunteer.

Wood County Dog Park

Locations:

1912 E. Gypsy Lane Road

Programs and events:

Chief Dog Warden Andrew Snyder described this park as a member-run park. Using the Wood County Dog Park Facebook page, members are able to schedule "doggy dates" with other members. Snyder said this is what gives the park its community feel.

What is unique to the park?

Not only is this one of the only parks that dogs are permitted to run off-leash, but Snyder said updates to the park this winter include new gates for easier access, more stone for

less mud, and a drainage pipe for flooding. Additionally, Snyder said the installation of water coolers is planned for this summer.

Why should people get into nature?

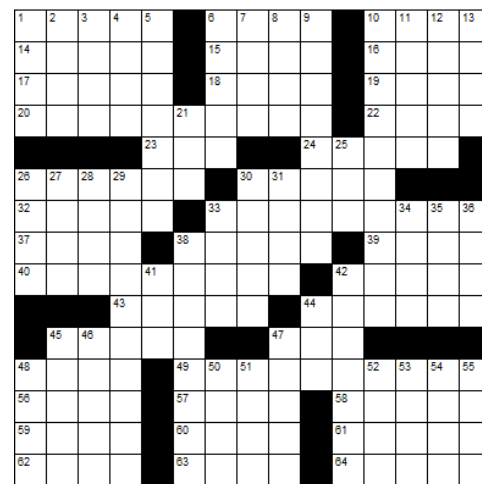
"Community members who own pups should get out into our park during the nice weather because we offer things that other parks do not – off-leash time, agility equipment and socialization for your dog," Snyder said.

Cost:

The cost to become a member of the park is \$40 for a full calendar year or \$30 for a partial membership. There's no additional cost for multiple dogs. Members have access to the park every day from sunrise to sunset.

Get involved: To register as a Wood County Dog Park member, applicants must submit a registration form, proof of licensure and pay the membership fee.

The Daily Crossword Fix



ACROSS

1. The male reproductive cell
6. An intimate chat
10. Sieve
14. Seaweed
15. Allies' foe
16. Hodgepodge
17. Showers
18. Writing implements
19. Bearing
20. Continual persistent demands
22. Hearing organs
23. Assist
24. Geeky
26. Behavior
30. Religious splinter groups
32. Jibe
33. Repeatedly cast in similar roles
37. Smudge
38. 9 9 9 9
39. Two-toed sloth
40. Awareness
42. Ooze
43. Loamy deposit
44. Scattered
45. Make improvements
47. Hit on the head
48. Chopping tools
49. Leather shorts
56. Large luxurious car
57. Arab chieftain
58. Accustom
59. "Smallest" particle
60. Liturgy
61. Scrimp
62. Existence
63. Immediately
64. Particles

1. Indian dress
2. Scheme
3. Auspices
4. Hindu princess
5. A communication
6. Batman = The _____ Crusader
7. Beasts of burden
8. Brass component
9. Colognes
10. Flip
11. Homeric epic
12. Passionate
13. A large amount
21. It is (poetic)
25. And so forth
26. Applies lightly
27. Leer at
28. Press
29. Causing irritation
30. Synchronizes
31. Type of sword
33. Cans
34. Agitated state
35. Docile
36. Sought damages
38. Provokers
41. Charged particle
42. A deliberately invalid argument
44. To make a fool of (archaic)
45. Ways out
46. Notes
47. Type of cap
48. Wings
50. Send forth
51. Devil tree
52. Savvy about
53. A set of garments
54. Sea eagle
55. Catches

ANSWERS



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